



**KRAEMER**

Spun in  
Nazareth,  
Pennsylvania

**EXPERIENCE**



**Intermediate**

**YARN**

9 (11, 12, 14) skeins  
Kraemer Yarns  
Perfection Worsted

30% Domestic Merino  
70% Acrylic



**GAUGE**

Sweater sizes  
S, M, L, XL  
Chest 33 (38, 43 ½, 49)"  
Length 31 (32, 33, 34)"

24 sts & 26 rows = 4"  
In stitch pattern B after  
blocking

Needles:  
US #7 (4.5mm) or size  
needed to obtain gauge

Extras:  
Cable Needle  
1 stitch holder  
Tapestry needle

# First Frost

by *Kate Lemmers*



This beautiful tunic sweater is covered with cables right up to the mock turtle neck, perfect for long walks in the woods, a quick run across campus, or a comfy evening sipping hot chocolate by the fire.



**DESIGNER NOTES:**

- 1.) Pattern written for smallest size with other sizes in parentheses, when only one number is listed it applies to all sizes.
- 2.) For ease of picking up stitches and seaming, perform all increases, and decreases 1 sts away from edge.
- 3.) Paired decreases are made as follows: K1, SSK (P2tog) first, work in pattern to last 3 sts, K2tog (P2tog tbl), k1 for body and sleeves
- 4.) There is a Stockinette st selvage on all seaming edges (K these on RS and P them on WS) to ease sewing.
- 5.) There are 5 Twisted Cable Patterns (2 full repeats + 1/2 repeat) centered up the front and back of sweater, with 4 sts cables as fillers on each side.
- 6.) Sleeves have one twisted cable repeat of 16 sts centered up sleeve and into the shoulder saddle.

**Back :**

Using long tail method, CO 114 (130, 146, 162) sts.

Set Up row: (WS) P1, K2, P4, \*K4, P4, repeat from \* to last 3 sts, K2, P1.

Begin Cables as follows: K1, work chart A 2 (3, 4, 5) times total, then work Chart B 2 times then first 16 sts once more, work Chart C 2 (3, 4, 5) times total end K1. Work in pattern repeating rows 1 thru 32, until piece measures 23 1/2 (24, 24 1/2, 25)" from CO.

**Armhole Shaping:** Next RS row, BO 4 (4, 5, 8) sts at the beginning of the next 2 rows. Decrease 1 st at each side, every RS 2 (4, 5, 8) times [102 (114, 126, 130) sts] Continue in pattern until piece measures 29 1/2 (30 1/2, 31 1/2, 32 1/2)" from CO. BO all sts in pattern.

**Front:**

Work as for back until piece measures 28 1/2 (29 1/2, 30, 31)" from CO. **Neck Shaping:** Next RS row, work in pattern over the first 37 (43, 47, 49) sts, drop yarn, slip next 28 (28, 32, 32) sts onto a holder, attach new yarn, complete row in pattern. Working both sides at the same time, BO 8 (9, 5, 5) sts at neck edge [29 (38, 42, 44) sts]. Decrease 1 st at neck edge each RS row, 0 (0, 3, 3) times [29 (38, 39, 41) sts]. Work in pattern until piece measures same as back. BO all sts in pattern.

**Front:**

Work as for back until piece measures 28 1/2 (29 1/2, 30, 31)" from CO. **Neck Shaping:** Next RS row, work in pattern over the first 37 (43, 47, 49) sts, drop yarn, slip next 28 (28, 32, 32) sts onto a holder, attach new yarn, complete row in pattern. Working both sides at the same time, BO 8 (9, 5, 5) sts at neck edge [29 (38, 42, 44) sts]. Decrease 1 st at neck edge each RS row, 0 (0, 3, 3) times [29 (38, 39, 41) sts]. Work in pattern until piece measures same as back. BO all sts in pattern.

**Sleeves:** (make 2)

Using Long tail method, CO 50 (50, 66, 74) sts  
Sizes S, M, & L

Begin cables patterns as follows: K1, Chart A 2 (2,3, -) then work only the first 16 sts of Chart B, followed by Chart C 2 (2, 3, -) times total ending the last repeat, K1.

Size XL

Begin Cables as follows: K3, p2, work chart A 3 times, then work only the first 16 sts of Chart B, followed by Chart C 3 times total ending the last 5 sts, p2, K3.

ALL SIZES: Work as established for 2" Begin Increases.

Working new sts as purls until they can be worked into C4R and C4L cables, increase 1 sts each side;  
every 4<sup>th</sup> row 0 (6, 0, 0) times  
every 6<sup>th</sup> row 11 (10, 0, 0) times  
every 8<sup>th</sup> row 2, 0, 8, 11) times  
[76 (82, 86, 96) total sts]

Work even in established pattern until piece measures 17 (17, 17 1/4, 17 1/2)' from CO. Next RS row, BO 4 (4, 5, 8) sts at the beginning of the next 2 rows [68 (74, 76, 80) sts] Decrease 1 st at each side every RS row 17 (17, 20, 22) times [34 (40, 36, 36) sts]. Next RS row BO 3 (4, 4, 4) at the beginning of the next 2 rows [28 (32, 28, 28) sts]. BO 3 (4, 3, 3) at the beginning of the next 2 rows [22 sts]. Begin and end shoulder strap with k2, while keeping cable in established pattern until shoulder strap measures 3 3/4 (4 3/4, 5, 5 1/2)" BO all sts in pattern.

**Finishing:**

Block Pieces, Attach sleeves into shoulders.



**Collar:**

**\*NOTE:**

Collar shaping is performed by decreasing the number of purl sts between the C4F and C4R cables. The smallest neck size ends up with 96 sts around-approximately 16" a larger neck size can be achieved by making fewer decreases. For an 18" neck decrease 20 sts evenly spaced around neckline

For a 20" neck decrease 8 sts evenly spaced around neckline. All decreases take place on Round 5. See below for directions.

With 16" circular needle and RS facing, slip 28 (28, 32, 32) front neck sts onto needle, attach yarn and pick up and knit, 6 (6, 8, 8) sts on right front side, 18 (18, 16, 16) sts from saddle, 44 (44, 48, 48) sts across back neck, 18 (18, 16, 16) sts from left saddle. And 6 (6, 8, 8) sts in left front. Place marker. Begin Cabled neck pattern as follows;

Round 1: [C4F, P4] 2 times [C4B, P4] 8 times, [C4F, P4] 6times.

Round 2: \*K4, P4, repeat from \* to end.

Round 3: Repeat row 2.

Round 4: Repeat row 2.

Round 5: 16" Decrease Round: [C4F, P2tog, P2tog] 2 times, [C4B, P2tog, P2tog] 8 times, [C4F, P2tog, P2tog] 6 times.

18" Decrease Round: [C4F, P4] 2 times, C4B, P2tog, P2tog, C4B, P4, [C4B, P2tog, P2tog] 3 times, C4B, P4, C4B, P2tog, P2tog, C4B, P4, C4F, P2tog, P2tog, C4F, P4, [C4F, P2tog, P2tog] 3 times, C4F, P4.

20" Decrease Round: [C4F, P4] 2 times C4B, P4, C4B, P2tog, P2tog, [C4B, P4] 3 times, C4B, P2tog, P2tog, [C4B, P4] 2 times, C4F, P4, C4F, P2tog, P2tog, [C4F, P4] 3times, C4F, P2tog, P2tog.

Round 6: \*K4, P2, repeat from \* to end.

Round 7: Repeat row 1

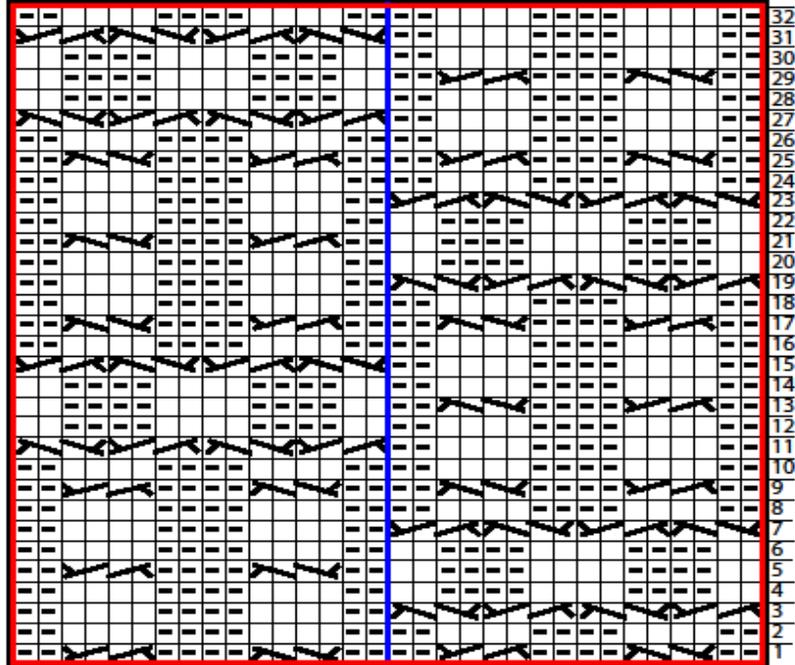
Round 8: Repeat row 1 .

Round 9: [C4F, P2] 2 times, [C4B, P2] 8 times, [C4F, P2] 6 times.

Repeat rounds 6 thru 9 two more times, 5 cable crosses total, then rows 6 & 7 once more or until desired depth. BO all sts loosely in pattern.



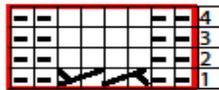
Stitch Pattern B  
32 sts + 16 sts



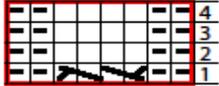
Repeat

First 16 sts

Stitch Pattern A  
8 sts



Stitch Pattern C  
8 sts



Stitch Key



Knit on the RS and Purl in the WS



Purl on the RS and K on the WS



C4R Slip 2 sts on cn, hold in back, k2, k2 from cable needle.



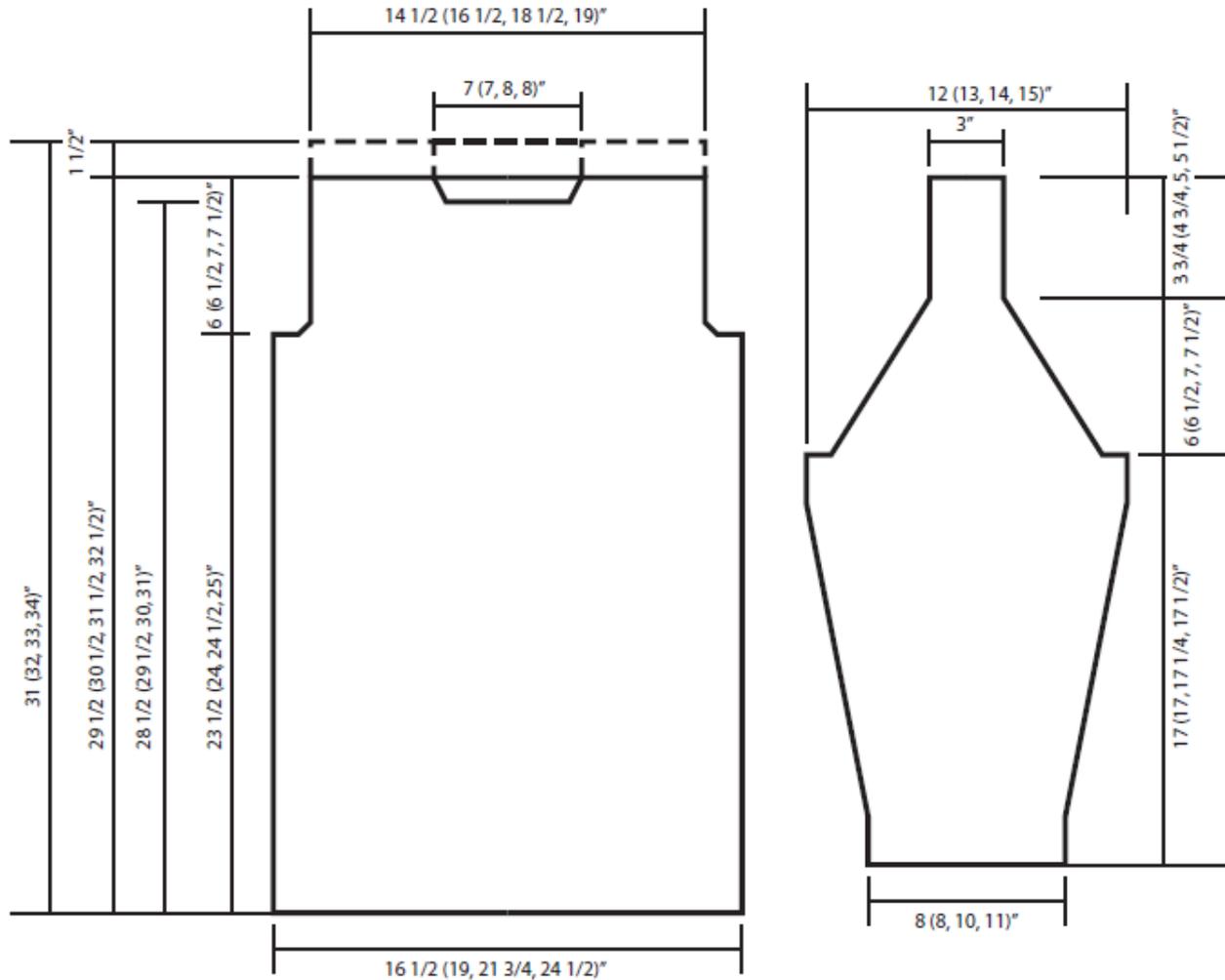
C4L Slip 2 sts on cn, hold in front, k2, k2 from cable needle.



Stitch Repeat



Additional Stitch Repeat



*We are committed to excellence in our products and strive to make these instructions as accurate and complete as possible. However, we cannot be responsible for the variance of individual knitters and crocheters, human error, or typographical mistakes. If you have any questions, please e-mail us at [info@kraemeryarns.com](mailto:info@kraemeryarns.com)*

### COMMONLY USED KNITTING ABBREVIATIONS

<b>beg</b>	begin	<b>LH</b>	left hand	<b>sl</b>	slip
<b>BO</b>	bind off	<b>M1</b>	make one (increase 1 stitch)	<b>ssk</b>	slip 1, slip 1, knit 2 slipped stitches together
<b>CC</b>	contrasting color	<b>MC</b>	main color	<b>st st</b>	stockinette (stocking) stitch (1 row K, 1 row P)
<b>CN</b>	cable needle	<b>P</b>	purl	<b>st(s)</b>	stitch(es)
<b>CO</b>	cast on, cast off	<b>p2sso</b>	pass 2 slipped stitches over	<b>tbl</b>	through back of loop
<b>cont</b>	continue	<b>P2tog</b>	purl 2 stitches together (1 stitch decreased)	<b>tog</b>	together
<b>dec(s)</b>	decrease(s)/decreasing	<b>patt rep(s)</b>	pattern repeat(s)	<b>WS</b>	wrong side
<b>dpn</b>	double-pointed needles	<b>patt(s)</b>	pattern(s)	<b>wyib</b>	with yarn in back
<b>eor</b>	every other row	<b>PM</b>	place marker	<b>wyif</b>	with yarn in front
<b>g st</b>	garter stitch (K every row)	<b>psso</b>	pass slipped stitch over	<b>yo</b>	yarn over
<b>inc(s)</b>	increase(s)/increasing	<b>pwise</b>	purlwise	<b>yon</b>	yarn over needle
<b>K</b>	knit	<b>rem</b>	remain(ing)	<b>()</b>	repeat instructions in parantheses number of times indicated
<b>K1, s1, psso</b>	knit one, slip one, pass slipped stitch over	<b>rep</b>	repeat	<b>*</b>	repeat instructions following asterisk as indicated or until end of row
<b>K2tog</b>	knit 2 together	<b>RH</b>	right hand	<b>[]</b>	instructions in square brackets refer to larger sizes
<b>K2tog tbl</b>	knit 2 together through back loop	<b>rnd(s)</b>	round(s)		
<b>kwise</b>	knitwise	<b>RS</b>	right side		